



**HANOVER
cares™**

**A COMMUNITY
COMMITTED TO RAISING
SUBSTANCE-FREE YOUTH**

**JUST SAY
SOMETHING!
I'M LISTENING!**



Hanover-Cares.org
A COMMUNITY COMMITTED TO RAISING SUBSTANCE-FREE YOUTH

2019 FAMILY EDUCATION SPEAKER SERIES

*Know the facts. Spread the truth.
Come learn from various speakers to get the
facts on topics such as prevention &
intervention of high risk behaviors, addiction,
grief, mental wellness, and treatment &
recovery resources.*

All events are **FREE** to attend

2ND MONDAYS MONTHLY

New Song Church
7450 Colts Neck Rd.
Mechanicsville, VA 23111



4TH WEDNESDAYS MONTHLY



First Baptist Church
800 Thompson St.
Ashland, VA 23005

DATE	LOCATION	TIME	SPEAKER	TOPIC
April 8	New Song Church	6:30 – 8:00 p.m.	Teresa McBean, Northstar Community	The Family System Impact of SUDS
April 24	First Baptist-Ashland	6:00 – 7:15 p.m.	Laura Robertson, Hanover CSB	Adverse Childhood Experiences
May 13	New Song Church	6:30 – 8:00 p.m.	Tom Bannard, VCU Rams in Recovery	Understanding Substance Use Disorders
May 22	First Baptist-Ashland	6:00 – 7:15 p.m.	Anne Moss-Rogers, Beacon Tree Foundation	Suicide Prevention
June 10	New Song Church	6:30 – 8:00 p.m.	Sarah Birkhead, VDH Tobacco Control	The Truth about Vaping
June 26	First Baptist-Ashland	6:00 – 7:15 p.m.	Sarah Brannon/Billie Carroll, Hanover Yoga	Holistic Addiction Recovery Model
July 8	New Song Church	6:30 – 8:00 p.m.	Donna Grile, New Life Journey	Grief Recovery-Relating to Addiction
July 24	First Baptist-Ashland	6:00 – 7:15 p.m.	Mary Page Shinholser, Pinnacle Treatment/Ment Podcast	Growing Up with Parents in Recovery
August 12	New Song Church	6:30 – 8:00 p.m.	Erin Cooper, Caron Treatment Centers	Prevention Resources & Education for Parents (PREP) Program
August 28	First Baptist-Ashland	6:00 – 7:15 p.m.	Anne-Moss Rogers, Beacon Tree Foundation	Preventure Program in VA
September 9	New Song Church	6:30 – 8:00 p.m.	MADD & HCPS Intervention Counselors	Teen Panel Answers Parents Questions
September 25	First Baptist-Ashland	6:00 – 7:15 p.m.	Sarah Birkhead, VDH Tobacco Control	Vaping & Other Current Smoking Dangers
October 14	New Song Church	6:30 – 8:00 p.m.	Cameron Gallagher Foundation	Wellness in a World Of Mayhem
October 23	First Baptist-Ashland	6:00 – 7:15 p.m.	Cameron Gallagher Foundation	Wellness in a World of Mayhem
November 11	New Song Church	6:30 – 8:00 p.m.	Honesty Liller, McShin Foundation	Recovery Solutions to Addiction
November 27	First Baptist-Ashland	6:00 – 7:15 p.m.	TBA	TBA
December 9	New Song Church	6:30 – 8:00 p.m.	Linda Handcock, Retired VCU NP	Marijuana Science & Prevention

For questions or additional information, please contact Octavia Marsh, Executive Director at info@hanover-cares.org or (804) 564-6119

Updated 3/25/2019 — Dates/Times/Locations/Speakers are subject to change without prior notice at the discretion of Hanover Cares